

LOUISVILLE SOCCER

WINTER CONDITIONING

All winter conditioning sessions will be held from 9:00 am to 10:15 am on Saturday mornings @ Joe Creason Park.

2019 – 2020

November 9th, 16th & 23rd

December 7th, 14th, & 21st

January 4th, 11th, 18th & 25th

February 1st, 8th, 15th, 22nd & 29th

These dates skip November 30th & December 89th.

Directions to Joe Creason

Watterson Expressway to Newburg Road North or Popular Level Road North. Take Trevilan Way following directions to the Zoo. Entrance to park is directly across from the street.

Practice Cancellation Policy

Winter conditioning will be cancelled if the temperature at 8:00 am is 20 degrees or below. This can be checked easily on any of the four local television stations at 8:00 am. Coaches will be at the park to officially cancel conditioning practice, if you do not check the weather that day.

WWW.LOUISVILLESOCCER.COM

